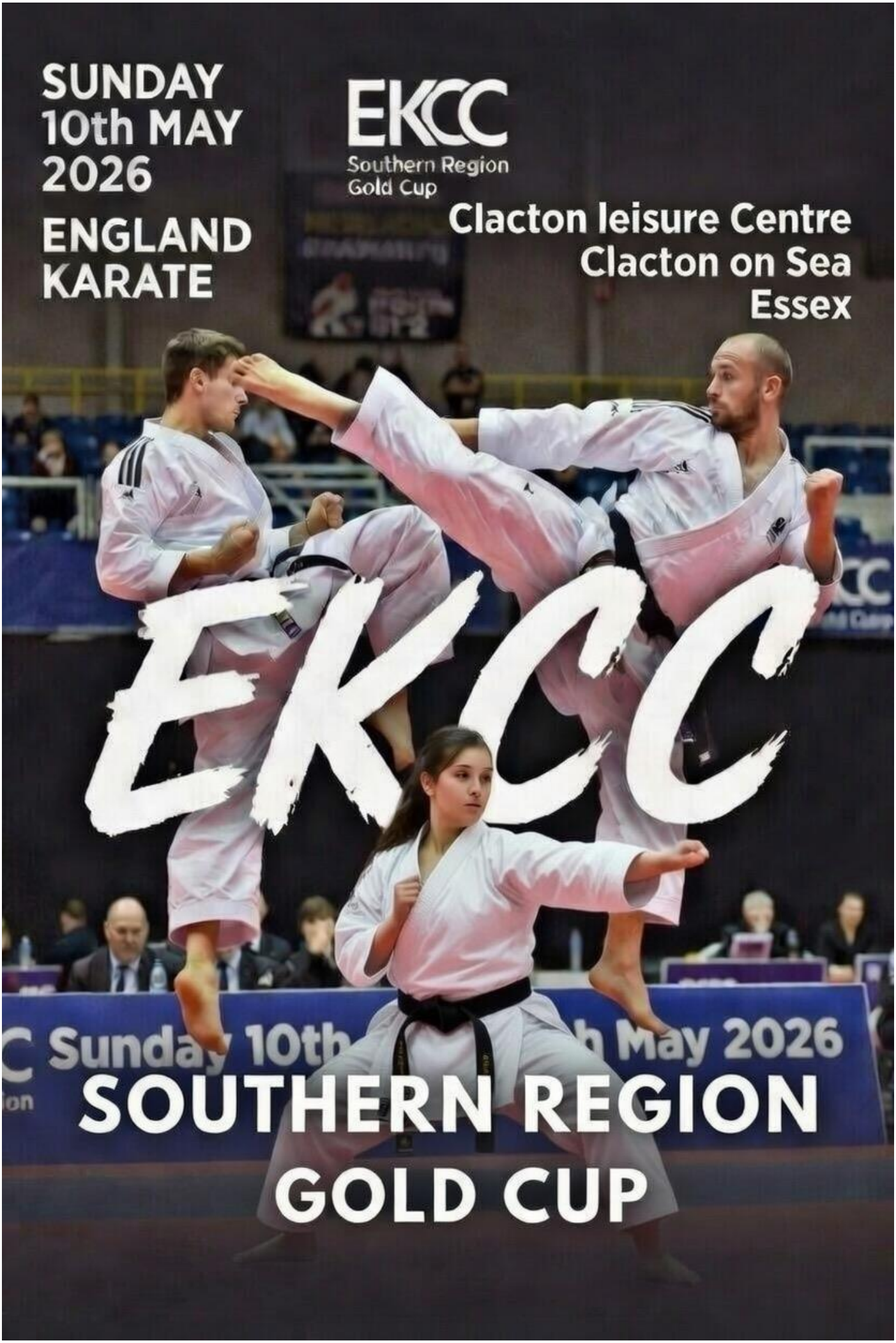
SUNDAY
10th MAY
2026

ENGLAND
KARATE

EKCC
Southern Region
Gold Cup

Clacton leisure Centre
Clacton on Sea
Essex



SOUTHERN REGION
GOLD CUP

SUNDAY 10TH MAY 2026

CLACTON SPORTS CENTER

VISTA ROAD CLACTON ON SEA CO15 6DB

DOORS OPEN 9.00AM

APPROXIMATE START TIME

Kata 9.30am, Team Kata 12.00am, Kumite:12.30am

SPECTATOR FEES:

£10 per Adult, £5 per child (under 15 years and OAP)

ENTRY FEES: INDIVIDUAL AND TEAM EVENT

1 event 25.00, 2 event £40, plus £10 for each other event.

2 Person Team £20.00 3 Person Team £30.00

CLOSING DATE FRIDAY 1st MAY 2026

3 Special Large Cups on the Day Overall Winners 2026

1 Large Cup Overall Club Winning Points

1 Large Cup Overall Club Winning Medals

1 Large Cup Supporting Club Winner

1 Large Cup Rereree on the day

PLUS

All individuals, Clubs, Coaches and Referees to Accumulate

their Points to be the overall cup winners for end of the Year 2026

We will close on this date early or once we reach 450 competitors, whichever occurs first
We have a lot of clubs coming to this event so to avoid disappointment please book early, we have been closing the championships events early in year 2025

ONCE ALL CATEGORIE FORMS ARE DONE AND PRINTED OUT ON THURSDAY 30th APRIL NO CHANGES WILL BE DONE AND ALL COPETITORS MUST BE PAID FOR.

EKCC KARATE RULES

ALL COACHES MUST SIGN THE DECLARATION ON THE ENTRY FORM

ALL COMPETITORS MUST BE IN POSSESSION OF A VALID KARATE LICENCE ON THE DAY. ENTRIES WILL ONLY BE ACCEPTED IF THE COMPETITORS' LICENCE NUMBERS AND EXPIRY DATE HAVE BEEN PROVIDED. THERE WILL BE RANDOM LICENCE CHECKS ON THE DAY AND FAILURE TO PRODUCE A VALID LICENCE COULD RESULT IN DISQUALIFICATION. IT IS A CONDITION OF THE TOURNAMENT INSURANCE COVER THAT ALL PARTICIPANTS ARE PROPERLY LICENSED.

WUKF BASED RULES WILL APPLY WITH SOME AMENDMENTS

KATA COMPETITION

1/ There will be two rounds where the top 6 people will go to the final round.
IF ONLY 6 IN EVENT ONE ROUND

2/ Novice to 8TH Kyu can REPEAT THE SAME KATA
Can only Heian, Pinan & any Basic Kata from their Style EVENTS– 1 TO 4 &TEAM EVENT 49 & 50. CAN NOT DO ANY ADVANCED KATA (SENTEI OR TOKUI

3/ However, 5th Kyu and above must perform a different kata and
CAN DO ANY ADVANCED KATA SENTEI OR TOKUI

4/ Accumulated scores from both rounds will determine 1st, 2nd & 3rd places.

5/ In the event of a draw Novice to 6th Kyu may repeat kata previously performed,
EVENTS 1-2-3-4 AND TEAM EVENT 49 – 50, NO ADVANCED KATA (SENTEI OR TOKUI)
All others EVENTS must perform a kata NOT done in previous rounds.
EVENTS 15 TO 18A CAN DO ANY ADVANCED KATA SENTEI OR TOKUI

KUMITE COMPETITION

1/ Duration: Junior 15years under $1^1/_2$ minutes – Senior 16years over 2 minutes

2/ All events will be Nihon Kumite. Nage techniques will be allowed in Nihon events.

3/ Nihon Kumite NO Sweeping Techniques for under 4ft 10in boys and girls categories And Team categorie 56 and 57 – 58 first fighter boys and girls team categores.

4/ Senior Team categorie 59 line up will be (NO1 MALE - NO2 FEMALE – NO3 MALE) MALE 1 and MALE 2 can rotate each rround.

5/ Compulsory: Both red and white/blue hand mitts, both red and white belts, gum shield, groin protectors for male over the age of 12. These must be in good clean condition.

6/ Optional protection: Helmet and groin protectors for under 12 years.
chest protectors for female's Soft shin pads for all ages.
THERE WILL BE 1st, 2nd and *joint* 3rd places will be awarded IN KATA. KUMITE AND TEAM EVENTS

REFEREES

Chief Referee on the day

All Associations are requested to send licensed referees (Association, National Governing Body, WUKF) for Kata and/or Kumite.
Please provide names in advance, preferably accompanying the registration entry form and indicate Kata/Kumite or both.

Referees are kindly requested to fill in the appropriate section on the entry form with their names, qualifications (if any), and contact details.

- **Lunch refreshments and Payment will be provided for all officials but you must put your name on form.**
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ALL COACHES

1.The named coach is responsible for the behavior of all his/her competitors and any spectator accompanying their competitors. The coach is responsible for obtaining parental or guardian, permission for entry into the event and checking that their competitors have appropriate insurance, through their respective Associations.

2.Any competitor, coach or representative who behaves discourteously to any member of the refereeing panel may cause the immediate disqualification of their competitor and could ultimately lead to disqualification of their whole team.

3.Coaches must ensure that all competitors are entered in their appropriate age (as on date of tournament), grade, height and weight categories. Entries can also be made into but age or belt category above. It may not be possible to change entries on the day

4. Club coaches and competitors must maintain good conduct and etiquette at all times. Only one club coach is permitted on the side lines.
5. Spectators and competitors not in active categories must remain in spectator or warm up areas.

6. The organisers reserve the right to amend the categories to better suit the entry profile. There may be amalgamations of categories if there are not enough entries in the said events as per WUKF rules.

7. All entries and payments MUST be submitted by date of deadline. No refunds will be made or withdrawals ONCE THE FORMS HAVE BEEN PRINTED THURSDAY MORNING after this day NO REFUND ALL MUST BE PAID.

8. A COMPETITOR CAN NOT ENTER THE ADAPTED KATA IF DO ANY OTHER EVENT

WUKF RULE

9. ANY ENTRIES ON THE DAY MAY BE ENTERTAINED WITH AN ADDITIONAL FEE OF £5.00 PER ENTRY.

PLEASE READ THIS

- NO CHANGE OF NAME ALL MUST BE PAID FOR.
- COACHES YOU MUST BE AT THE EVENT BEFORE 9am TO COLLECT THEIR CLUB TICKETS IF YOU NEED TO PAY A BALANCE IN CASH ON THE DAY.
- NO PAYMENT NO TICKETS.
- ALL PAYMENTS ON THE DAY MUST BE IN CASH AND PAID IN FULL.
- IF YOU SEND A COACHE TO COLLECT YOUR CLUB TICKETS PLEASE MAKE SURE THEY HAVE FULL PAYMENT.

- *To All Coaches Please Print your Name on forms NO NAME NO Coaching*
- 1 OR 2 COMPETITORS NO PASS
- 3 TO 10 COMPETITORS 1 PASS
- 10 TO 15 COMPETITORS 2 PASS
- 15 TO 20 COMPETITORS 3 PASS
- 20 TO 30 COMPETITORS 4 PASS

NO NAME ON FORM NO PASS

Special Large Cups Overall Winners 2025 –1 Winning Point's & 1 Winning Medal's 1 Best Supporting Club 1 Best Boy 1 Best Girl 1 Best Female –1 Best Male - 1 Best Coach – 1 Best Referee

NEW THIS YEAR - 1 Boy of the year –1 Girl of the year

Cups on the day 2026 Point Winner,Medal Winner, Supporting Club

Entries are due 1 weeks prior to the tournament so to avoid disappointment please make sure that you send your entries in earlier as registration will close on this date or once we reach 450 competitors, whichever occurs first

BANK PAYMENTS MUST BE PAID BY FRIDAY 1st MAY 2026 PAYMENT AFTER THIS DATE CASH ONLY.

PAYMENTS TO EKCC

All competitor entries and fees must be received by THURSDAY 30th APRIL

Cheques should be made payable to TOYAKWAI MA and sent to

5 St Nicholas Road Witham Essex England CM8 2JF

Bank Transfers to be paid to: TOYAKWAI MA

Sort Code: 77-66-32 Account No: 25322668 Ref: Your Club Name

Note: No Cheque or Transfers accepted on the day of tournament Cash only

Contact: Phone – 44-07383089430 or Email - toyakwaikarate@aol.com

English Karate EKCC WUKF Clubs Championships

EKCC

English Karate Clubs Championships

WE WOULD LIKE TO THANK

ROBERT HAYWARD TEXO SPONSOR

WHEN YOUR SEND YOUR ENTRY PLEASE PLEASE EMAIL ME YOUR CLUB BADGE TO GO ON THE WALL

THANK YOU ALL FOR YOUR HELP AND SUPPORT REFEREES - CLUB – INSTRUCTORS - COACHES AND ALL PARENTS

We would like to Thank SPONSOR

ROBERT HAYWARD

TEXO

Scaffolding London

We would like to Thank SPONSOR

JAY AND PAUL

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